



Tyler Periodontics & Dental Implants

PRE-OP INSTRUCTION SHEET FOR PROCEDURAL SEDATION

Our office offers conscious sedation to aid in management of dental anxiety. Oral Conscious Sedation as well as Intravenous (IV) Procedural Sedation & Analgesia (PSA) are offered in our office. These types of sedation can relieve most of the stress and anxiety that patients feel before dental treatment. Though you are likely to fall asleep, you will not lose consciousness; instead, you will feel very relaxed and able to follow any instructions given by Dr. Temple or Dr. Kennedy. Neither sedation method relieves pain because they are not analgesics, so **Dr. Temple or Dr. Kennedy will still use a local anesthetic to numb your mouth before the procedure begins.**

It is of critical importance that you disclose to Dr. Temple, Dr. Kennedy and/or her staff a complete medical history including all prescription and over the counter medications, herbs, and other supplements as well as any potential allergies to drugs, latex, and/or anesthetics. You must also disclose any and all use of drugs, legal or illegal, that have been taken in the last 3 weeks. You must disclose the use of any prescription or non-prescription sedatives, anti-depressants, mood stabilizers, muscle relaxants, and/or pain relievers. Breathing problems, glaucoma, kidney or liver damage, or a history of depression, suicidal thoughts, or addiction to drug or alcohol must be disclosed pre-operatively.

GENERAL INSTRUCTIONS FOR PROCEDURAL SEDATION

- You must have a friend or family member (escort) drive you to and from your procedure. Your escort must remain in our office for the duration of the procedure.
- Pregnant women are not candidates for sedation
- Do not drink alcohol or use any other drugs prior to or after your appointment.
- Do not use any other medications that may make you sleepy as these may increase the sedative/sleepiness effects of sedative medications.

IV SEDATION PRE-OP INSTRUCTIONS

- **DO NOT EAT** for 8 hours pre-operatively.
- You may drink **clear liquids for up to 2 hours pre-operatively.**
- Morning prescription medications should be taken with sips of water on the day of your procedure
- Do not wear contact lenses to your appointment.
- Wear loose, comfortable clothing to allow for IV access.
- Hydrate well for 24-48 hours pre-operatively.

ORAL SEDATION PRE-OP INSTRUCTIONS

- **Take 1 prescribed oral sedative tablet the night before your procedure at bedtime. Take 0.5-1 tablet 1 hour before your procedure.**
- Eat a light meal ~2-3 hours prior to your procedure.
- Morning prescription medications should be taken as prescribed on the day of your procedure.
- Do not wear contact lenses to your appointment.

Call our office at 903-581-2900 and ask to speak with the nurse if you have any questions or concerns!